

redefining divorce

I can't afford to stay...



It's okay. You don't have to. What if I said you can move out for a short while until you feel emotionally strong and mentally stable? You and your spouse would be financially and emotionally protected through temporary agreements and the time apart may even change your mind about pursuing this arrangement permanently.

In mediation, this plan is possible. You can sit with a mediator and develop temporary agreements that will protect the financial and emotional interests of each party during your period of confusion. You and your spouse, with the help of a mediator, can come to agreements together instead of one party strong arming the other into acceptance.

After you get some space, we can evaluate the next step. You might decide that a legal separation is a more feasible

option than dissolution. After some time apart you may see the reality of such a decision and change your mind. Just because you decide to "divorce" or "separate" doesn't automatically mean legal action must be taken. It also doesn't mean you can't change your mind. Spend some time apart. Evaluate what is in your heart of hearts. Are you frustrated? Exhausted? Could individual counseling with the right counselor help resolve some of the issues? These questions should be evaluated before taking legal action.

It's okay to take some time to think and feel. Be alone with yourself. It's hard but there is a great deal of resolution that comes from silence. It may seem impossible now but taking a short break from the turmoil in the relationship is much better than permanently ending it...if this result can be avoided.

The longer you wait and cycle in the turmoil the harder it will be (financially and emotionally) to find resolution amidst the storm. Start recruiting people who can help you. At Redefining Divorce, you and your spouse are assigned to separate counselors who can help you process the emotions and give you some comfort.

Either way, don't be afraid to leave the box and try new things, especially when it comes to making decisions that will permanently change your life.

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Zina B. Gleason, J.D.

Family Law
Lawyer-Mediator
Redefining Divorce

www.redefiningdivorce.com • 714-256-4689

